

NIGHT BASICS

Choreographed by Johanna Barnes
with Jeff Staebner

48 count intermediate pattern partner / circle dance

Nightclub rhythm

Suggested Music : Complicated by Carolyn Dawn Johnson (66 BPM)

You're The Only One by Keith Urban (60 BPM)

This will also go to almost any slower Nightclub rhythm based song.

START in basic, closed position, men on the inside rail facing out, women on the outside rail facing in.
(Position is mirror image, with man's outstretched left hand holding ladies' right. The man's right hand is cupping ladies' left back shoulder and the ladies' left hand is on the man's right bicep)

LEADER

BASIC, UNDERARM TURN, BASIC

- 1 L step to L side
- 2 R rock back
- & L recover in place
- 3 R step to R side
- 4 L rock back ARMS - lift L arm up, to prep turn
- & R recover in place
- 5 L step to L side ARMS - guide turn with R
- 6 R rock back
- & L recover in place ARMS - back to closed position
- 7 R step to R side
- 8 L rock back ARMS - drop L arm
- & R recover in place

OPEN TOSSES, BASIC

- 1 L step to L side ARMS - place L under ladies, on back
- 2 R rock back, opening body slightly
- & L recover in place ARMS - drop L
- 3 R step to R side ARMS - place R under ladies, on back
- 4 L rock back, opening body slightly
- & R recover in place ARMS - drop R
- 5 L step to L side ARMS - place L under ladies, on back
- 6 R rock back, opening body slightly
- & L recover in place
- 7 R step to R side ARMS - back to closed position
- 8 L rock back ARMS - lift L arm up, to prep turn
- & R recover in place

UNDERARM TURN, BASIC, TRAVELING L SIDE PASS, BASIC

- 1 L step to L side ARMS - guide turn with R
- 2 R rock back
- & L recover in place ARMS - back to closed position
- 3 R step to R side
- 4 L rock back
- & R recover in place
- 5 L step 1/8 R bringing lady with you, closed position
- 6 R step , traveling line of dance
- & L cross over R
- 7 R step to R side
- 8 L rock back
- & R recover in place

FOLLOWER

BASIC, UNDERARM TURN, BASIC

- 1 R step to R side
- 2 L rock back
- & R recover in place
- 3 L step to L side
- 4 R rock back
- & L recover in place
- 5 R step 1/4 R
- 6 L step forward
- & R pivot turn 3/4 R, facing partner (weight on R)
- 7 L step to L side
- 8 R rock back
- & L recover in place

OPEN TOSSES, BASIC

- 1 R step 1/4 L (back facing line of dance)
- 2 L rock back
- & R recover, preparing to turn
- 3 L step 1/2 R (facing line of dance)
- 4 R rock back
- & L recover, preparing to turn
- 5 R step 1/2 L (back facing line of dance)
- 6 L rock back
- & R recover, preparing to turn
- 7 L step 1/4 R (facing partner)
- 8 R rock back
- & L recover in place

UNDERARM TURN, BASIC, TRAVELING L SIDE PASS, BASIC

- 1 R step 1/4 R
- 2 L step forward
- & R pivot turn 3/4 R, facing partner (weight on R)
- 3 L step to L side
- 4 R rock back
- & L recover in place
- 5 R step across, pivot 1/2 L
- 6 L step to L side
- & R cross over L (traveling line of dance)
- 7 L step to L side
- 8 R rock back
- & L recover in place

**TRAVELING L SIDE PASS, BASIC,
UNDERARM TURN, BASIC**

- 1 L step 1/8 R bringing lady with you, closed position
- 2 R step , traveling reverse line of dance
- & L cross over R
- 3 R step to R side
- 4 L rock back ARMS - lift L arm up, to prep turn
- & R recover in place
- 5 L step to L side ARMS - guide turn with R
- 6 R rock back
- & L recover in place ARMS - pick up both hands at waist
- 7 R step to R side
- 8 L rock back
- & R recover in place

WRAP, OUT, WRAP, SWITCH SIDES

- 1 L step in place ARMS - L arm up to turn, R at waist
- 2 R rock back, turning lady CCW to R side, wrapped position
- & L recover in place
- 3 R step in place, sending lady back out CW, L arm up to turn
- 4 L rock back ARMS - both hands at waist level
- & R recover in place
- 5 L step in place ARMS - L arm up to turn, R at waist
- 6 R rock back, turning lady CCW to R side, wrapped position
- & L recover in place
- 7 R step in place, sending lady to L side (side by side)
- 8 L rock back
- & R recover in place

SWITCH SIDES, OUT, UNDERARM TURN, BASIC

- 1 L step in place, sending lady to R side (side by side)
- 2 R rock back
- & L recover in place ARMS - lift L arm up to turn
- 3 R step in place, sending lady back out CW
- 4 L rock back ARMS - closed position, but L arm up to prep
- & R recover in place
- 5 L step to L side ARMS - guide turn with R
- 6 R rock back
- & L recover in place
- 7 R step to R side ARMS - closed position
- 8 L rock back
- & R recover in place

REPEAT !

*** CCW = counter clock wise * CW = clock wise !**

This dance covers 5 basic Nightclub moves/patterns. It is best learned through visual instruction, using the step sheet as a guideline for practice and reminders. Although it is written as 6 counts of 8, once you are comfortable with the pattern, consider 12 counts of 4 and you should be able to dance it to any song, regardless of phrasing, as long as the song has Nightclub rhythm (1 2 & 3 4 & 1 or 1 2 & 3 4 & 5 6 & 7 8 &). Goodluck!
(p.s. thanks Megan!)

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**TRAVELING L SIDE PASS, BASIC,
UNDERARM TURN, BASIC**

- 1 R step across, pivot 1/2 L
- 2 L step to L side
- & R cross over L (traveling reverse line of dance)
- 3 L step to L side
- 4 R rock back
- & L recover in place
- 5 R step 1/4 R
- 6 L step forward
- & R pivot turn 3/4 R, facing partner (weight on R)
- 7 L step to L side
- 8 R rock back
- & L recover in place

WRAP, OUT, WRAP, SWITCH SIDES

- 1 R pivot 1/2 L (L side to partners' R side)
- 2 L rock back
- & R recover in place
- 3 L pivot 1/2 R (facing partner)
- 4 R rock back
- & L recover in place
- 5 R pivot 1/2 L (side by side with partner)
- 6 L rock back
- & R recover in place
- 7 L step L side (R side to partners' L side)
- 8 R rock back
- & L recover in place

SWITCH SIDES, OUT, U-ARM TURN, BASIC

- 1 R step to R side (L side to partners' R side)
- 2 L rock back
- & R recover in place
- 3 L pivot 1/2 R (facing partner)
- 4 R rock back
- & L recover in place
- 5 R step 1/4 R
- 6 L step forward
- & R pivot turn 3/4 R, facing partner (weight on R)
- 7 L step to L side
- 8 R rock back
- & L recover in place

Dance What You Feel!