

Secret

Johanna Barnes

Choreographer: Johanna Barnes

Description: 32-count, 4-wall, intermediate line dance, 1 simple re-start after 16 counts of the 5th wall

Music: Secret by Maroon 5

Style: Smooth

Note: Clock notation on the *left* dictates direction you are *facing* for the start/end of the movement.
Clock notation to the *right* of the step description notates the *direction* of the actual movement.

PARTIAL WEST COAST SWING BASIC,

L ¼ L, R ½ L, SAILOR STEP

12:00 1 1 R step forward
2 2 L step forward
3 3 R step back and slightly behind L
& & L cross back over R
4 4 R step back
9:00 5 5 L step ¼ L (6:00)
3:00 6 6 R step ½ L (6:00)
7 7 L cross step behind R
& & R step and lightly press R
3:00 8 8 L step to L side (12:00)

QUICK CROSS, SIDE, DRAG, CROSS, WALKS,

R RONDE, BACK, STEP, R ¼ R, L STEP

3:00 & & R cross step behind L
1 9 L step to L side (12:00)
2 10 drag R toward L
& & R step next to/behind L (3rd position)
3 11 L step forward and
slightly across R (3:00)
4 12 R step forward
& & L quick step forward (3:00)
5 13 R sweep counter-clockwise, across L
6 14 R step across L
7 15 L step back (9:00)
6:00 & & R step ¼ R (9:00)
8 16 L step forward (6:00)

*Note: counts 4 & 5 feels like a mini run & hop, but stay low and grounded, with bent knee into rondé

(*TAG Note:

Start the 5th wall (back at 12:00), then after 16 counts simply begin the dance again, now at 6:00.)

PUSH CROSSES X2, SHOULDER TURNS, WIPE,

R CROSS STEP

6:00 1 17 R 'light' press/rock to R side
& & L recover weight L
2 18 R step across L
3 19 L 'light' press/rock to L side
& & R recover weight R
4 20 L step across R
5 21 R step R, turn shoulder toward 8:00
6 22 L weight L, turn shoulder toward 4:00
& & R weight R, slightly bend knee
ah ah L step next to R,
slightly *angling* body toward 4:00
7 23 R press and slide foot toward 9:00,
releasing into air
6:00 8 24 R step across L (3:00),
still *angled* toward 4:00

*Note: Counts 1 – 4 allows for many variations including a 2 count lean & press R, and then L.

L BACK ¼ R, R BACK STEP, WEAWE, R WALK,

L ROCK & CROSS, R STEP, L ½ L

6:00 1 25 L step back ¼ R (3:00)
9:00 2 26 R step back
3 27 L step cross behind R
& & R step to R side (12:00)
4 28 L step across R and forward (9:00)
5 29 R step forward and across L (9:00)
6 30 L rock to L side
& & R recover weight
7 31 L step across R and forward
8 32 R step forward (9:00)
3:00 & & L ½ turn L (3:00)

START AGAIN & DANCE What You Feel!